# CSU DANCE REPERTORY OUTREACH

SHARING THE POWER OF DANCE AS A VEHICLE FOR EXPRESSION, REFLECTION, IMAGINATION, AND CONNECTION!

## INTERACTIVE WORKSHOPS & LECTURE DEMONSTRATIONS FOR SCHOOLS & COMMUNITY VENUES:

Engaging one hour performances • Activities for each audience Talkback with performers



### **DAY OF DANCE: SATURDAY MARCH 2, 2019**

#### Master classes led by CSU Dance Faculty and Majors

Northeastern Junior College: 100 College Ave, Sterling, CO 80751

#### 10:00 - 11:15 AM GET MOVIN' COMMUNITY DANCE CLASS

Featuring social dance crazes through the decades. Bring a friend and move your feet to the beat as you learn dynamic dance moves that showcase your personal style! Open for all ages, levels, and abilities. **No prior dance experience needed!** 

#### 11:00 - 12:30 PM THE JOYS AND CHALLENGES OF TEACHING DANCE

Professional development seminar for dance teachers and teachers integrating dance into their academic classrooms. CSU Dance Professor, Madeline Harvey, offers suggestions for instructing, assessing, and providing feedback to students. Please come prepared with one question or issue you would like to discuss.

#### 11:30 - 12:30 PM LUNCH BREAK

(Bring your own or purchase at NJC for \$9 at the door)

#### 12:45 - 2:15 PM DANCE ME A STORY BALLET WORKSHOP

Artistic and athletic, ballet uses your entire body to tell a story. Learn tips for better balance, coordination, and speed as you express yourself through dance.

• Beginner Session: Ages 8-11

Intermediate Session: Ages 12-15

• Advanced Session: Ages 16+

#### 2:30 - 4:00 PM DANCIN' FEET CONTEMPORARY DANCE WORKSHOP

Explore the possibilities of energy, space, and time. Get creative as you learn contemporary dance moves from modern, jazz, hip-hop, and more!

• Beginner Session: Ages 8-11

Intermediate Session: Ages 12-15

Advanced Session: Ages 16+

Each dance class will conclude with learning a set routine to be performed during the Talent Festival on Sunday, March 3rd 2:00 – 5:00 pm.



<sup>\*</sup> Please do NOT wear clothing that restricts movement. Ballet shoes, jazz shoes, or grip socks are recommended.